

## SUMMARY OF COVID-19-RELATED SAFETY REQUIREMENTS AND PROCEDURES

### **Darrah Blanton Dance in-studio classes: Dance Underground location**

We require that all adults in the primary household of each student are fully vaccinated against COVID-19. This also applies to any adults who participate in the parent/toddler classes. Proof of vaccination must be emailed to [darrahblanton@hotmail.com](mailto:darrahblanton@hotmail.com) upon enrollment.

Our teachers are fully vaccinated against COVID-19. They will follow the same safety guidelines we are asking of students (mask wearing, home temperature checks, etc.). There is a hand sanitizing station in the studio and hand sanitizer and soap available in the bathroom. The studio and bathroom are cleaned daily and high-touch surfaces are wiped down before and after each class. The building has MERV 16 filters in the HVAC system.

Prior to program start, please notify Darrah Blanton if any members of the household are experiencing COVID-19 symptoms or have had possible exposure to COVID-19.

You and your family should maintain distance as much as possible at drop-off and pickup. Only one adult per student should be doing drop-off/pickup.

**Regardless of vaccination status, we require that all adults doing drop-off and/or pickup wear a mask, to protect our unvaccinated students.**

Please do not arrive more than 5 minutes before the start time of your child's class in order to allow for transition time between classes. Drop-offs and pickups should be quick--please do not linger in the studio or lobby area. For now, we are suspending our usual "parent watching time" at the end of each class.

**By bringing your child to Darrah Blanton Dance programs, you are attesting that the program participant is not experiencing COVID-19 symptoms AND the participant(s) have not been in close contact with anyone with confirmed COVID-19 or had a positive COVID-19 test in the last 10 days, AND a public health or medical professional has not recommended the participant(s) or household members self-monitor, self-isolate, or self-quarantine due to concerns about a COVID-19 infection.**

Participants should wear a clean mask that covers the nose and mouth to each class and bring a back-up mask and personal hand sanitizer. We will have hand sanitizer available. Regardless of vaccination status, we require that all adults doing drop-off and/or pickup wear a mask.

Please check your child's temperature at home before coming to class each week.

Participants will be asked to sanitize their hands upon arrival and at the end of class.

Please make sure your child has used a restroom shortly before class-ideally at home. Our teacher will not be able to assist with any bathroom needs. She will call your cell phone if your child needs assistance during class. For this reason, we are discouraging tights and leotards for our younger dancers (2-6) since these can be particularly challenging to take off/put back on. Leggings, a t-shirt and socks will make for greater ease in bathroom use. We thank you in advance for taking care of bathroom needs as much as possible before class so that disruptions are few.

After class we strongly encourage your family to visit a medical professional if you begin to experience COVID-19 symptoms.

## **SIGNS AND SYMPTOMS OF COVID-19**

If a participant displays any of the signs and symptoms of COVID-19 without an alternative explanation or pre-existing condition, the participant will not be able to attend the class.

Shortness of breath or difficulty breathing

New loss of taste or smell

New, persistent dry cough

Fever  $\geq 100.4$  F

Repeated shaking with chills

Muscle pain or body aches

Nausea/vomiting

Persistent new diarrhea (longer than 24 hrs)

Congestion or runny nose (not related to seasonal allergies)

Headache

Sore throat

Significant fatigue

